

Sri Lanka

A signature Experience for Self Discovery

Discover. Heal. Live



06 N/7 Days

Guest Name	
Country	
No of Adults	
Room Type	
Arrival	
Departure	

Destinations	Airport– Bandarawela - Airport
--------------	--------------------------------

Discover. Heal. Live

An immersive wellness experience in the hills of Bandarawela - Ella; the Wellness Resort is an unparalleled, holistic retreat. Discover yourself and heal with the curated wellness rituals as you explore the best of your surroundings.

Experience A Nurturing and Nourishing Wellness Experience. And a balanced combination of wellness programs, yoga, fitness and recreational activities.

Travel Itinerary

<u>Days</u>	<u>Itinerary</u>
Day 1 Bandarawela	<p>Colombo – Bandarawela - 5 to 6 hours drive - Wellness Resort Bandarawela – Ella</p> <p>You will proceed to Bandarawela with your own transport. You will check-into the hotel in Bandarawela & relax. Dinner & Overnight stay</p>
Day 2 Bandarawela	<p>Bandarawela–Wellness Resort</p> <p>After breakfast you will relax in the hotel.</p> <p>Activates</p> <ul style="list-style-type: none"> ❖ Yoga Session and meditation sessions led by expert instructors ❖ connect with nature - Bird watching, butterfly garden and Tea plucking <p>Dinner & Overnight stay</p>

Sri Lanka

Day 3 Bandarawela	<p>Bandarawela–Wellness Resort</p> <p>After breakfast you will relax in the hotel and opt for activities.</p> <p>Activates</p> <ul style="list-style-type: none">❖ Cooking Class❖ Partake in a cooking class and learn how to make healthy meals with a wellness chef.❖ Ayurveda treatments <p>Dinner & Overnight stay.</p>
Day 4 Bandarawela	<p>Bandarawela–Wellness Resort</p> <p>After breakfast you will relax in the hotel.</p> <p>Activates</p> <ul style="list-style-type: none">❖ Yoga practices and meditation sessions led by expert instructors❖ Ayurveda treatments <p>Dinner & Overnight stay.</p>
Day 5 Bandarawela	<p>Bandarawela–Wellness Resort</p> <p>After breakfast you will relax in the hotel or opt for activates.</p> <p>Activates</p> <ul style="list-style-type: none">❖ The Gardens Stroll through the farm gardens and pick fresh ingredients to create your meal. <p>Dinner & Overnight stay.</p>
Day 6 Bandarawela	<p>Bandarawela–Wellness Resort</p> <p>After breakfast you will relax in the hotel.</p> <p>Activates</p> <ul style="list-style-type: none">❖ Wellness Immersions❖ Ayurveda treatments❖ Indulge in a variety of wellness rituals designed to relax, recharge and refresh yourself. <p>Dinner & Overnight stay.</p>
Day 7 Colombo	<p>Bandarawela – Colombo – 5 to 6 hours</p> <p>After Breakfast, you will proceed to Colombo with happy memories.</p>

Sri Lanka

Hotel Selections - 6 Nights /7 Days – Sri Lanka Wellness Tour

Day 1 to 7	Bandarawela–Wellness Resort – 6 nights
Day 7	Colombo

Price for Sri Lanka Tour

Price based on Single and Double Room - All-inclusive package without transfers

Rates Valid till April 2024

Based on 1 pax	3820 USD nett
Based on 2 pax	3600 USD nett per person

Terms and Conditions /Payment procedure

PACKAGE INCLUDES:

- ❖ Accommodation on Single Room
- ❖ All Inclusive Meal plan
- ❖ All Government Taxes

PACKAGE EXCLUDES:

- ❖ Entrance tickets to site visits
- ❖ Expenses of a personal nature
- ❖ Mineral and Alcoholic beverages
- ❖ Any other services other than those specified
- ❖ Extra Ayurveda Treatments
- ❖ Driver Tips

Note – Rooms are Subject to availability at above mention Hotel

Booking Procedure & Payment Terms

- ❖ You need to send us the Booking confirmation and copies of the flight details, passport and vaccine cards
- ❖ We will proceed with the arrangements and send you a travel service confirmation voucher
- ❖ You will make an advance payment of 20% and confirm the booking. Balance two weeks prior to arrival or on arrival.

Visa for Sri Lanka

Nationals of 77 countries can enter Sri Lanka as holidaymakers without a prior visa and remain 30days with Payment of Visa Fees - Further details please refer website <http://www.eta.gov.lk/slvisa/>

Covid 19 – travel Procedures

Sri Lanka

Passengers taken both vaccinations are free to travel

https://www.serenevacation.com/wellness/discover_heal_connect.pdf